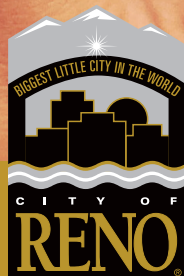


*parks, recreation & community services*

# RECREATION GUIDE



WINTER/SPRING 2015





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*If you are unable to find what you are looking for in this guide, try:*







## 2015 FEDERAL HOLIDAYS (JANUARY - MAY)

<b>NEW YEAR'S DAY</b>	THURSDAY, JANUARY 1
<b>MARTIN LUTHER KING JR. DAY</b>	MONDAY, JANUARY 19
<b>WASHINGTON'S BIRTHDAY</b>	MONDAY, FEBRUARY 16
<b>MEMORIAL DAY</b>	MONDAY, MAY 25

## 2015 SPECIAL EVENTS (JANUARY - MAY)

<b>RENO WINTER BACHATA FEST</b>	JANUARY 7-11
<b>THE SHEEP SHOW</b>	JANUARY 8-10
<b>RENO TAHOE SENIOR WINTER GAMES</b>	FEBRUARY 2-14
<b>VALENTINE'S DAY PAJAMA CRAWL</b>	FEBRUARY 14
<b>US HOT ROD MONSTER JAM</b>	MARCH 13-15
<b>LEPRECHAUN CRAWL</b>	MARCH 14
<b>AKC AGILITY CHAMPIONSHIPS</b>	MARCH 27-29
<b>USBC BOWLING CHAMPIONSHIPS</b>	APRIL 10 - JUNE 30
<b>BIGGEST LITTLE STEAMPUNK EXPO</b>	APRIL 11-12
<b>DOWNTOWN RIVER RUN</b>	APRIL 12
<b>NCVA JR. VOLLEYBALL TOURNAMENT</b>	APRIL 15-27
<b>RENO JAZZ FESTIVAL</b>	APRIL 23-25
<b>RENO CRAFT BEER WEEK</b>	APRIL 25 - MAY 2
<b>NCHA WESTERN NATIONAL CHAMPIONSHIPS</b>	APRIL 25 - MAY 4
<b>RENO UKULELE FESTIVAL</b>	APRIL 30 - MAY 3
<b>JAM ON IT DISTRICT CHAMPIONSHIP</b>	MAY 1-4
<b>RENO RIVER FESTIVAL</b>	MAY 9-10
<b>JAM ON IT CHAMPIONSHIPS</b>	MAY 22-25
<b>GUMBALL 300</b>	MAY 26-27
<b>RENO-TAHOE ODYSSEY</b>	MAY 29-30
<b>HOT AUGUST NIGHT SPRING FEVER REVIVAL</b>	MAY 29-30
<b>RELAY FOR LIFE</b>	MAY 30

FOR A FULL CALENDAR OF EVENTS, PLEASE VISIT  
[RENO.GOV/EVENTS](http://RENO.GOV/EVENTS)



# CONTACT INFORMATION



**RECREATION INFORMATION:** 775-334-2262

**CITY INFORMATION:** 775-334-4636

**AFTER-HOUR EMERGENCIES:** 775-352-4249

**SIGN UP FOR E-NEWSLETTER:** [RENO.GOV/RENOCONNECT](http://RENO.GOV/RENOCONNECT)

**E-MAIL:** [RENODIRECT@RENO.GOV](mailto:RENODIRECT@RENO.GOV)

**SOCIAL MEDIA:** @CITYOFRENO

**HASHTAGS:** #THINKRENO

#RENOLENS

#BIGGESTLITTLECITY

#BUYLOCALRENO

## REGISTER: IN PERSON, BY THE PHONE, FAX OR ONLINE

334-2262 | [RENO.GOV/PARKSANDREC](http://RENO.GOV/PARKSANDREC)

- A Household Account Form is required
- Sierra Kids and youth camps require a Participant Information Form
- Online service, visit **[Reno.gov/parksandrec](http://Reno.gov/parksandrec)**
- Registration/payment is required in advance, prior to the use of programs, services or facilities. Registration/payment is taken up until the registration deadlines or when a program is full. You can download or call for the rules and forms at **[Reno.gov/parksandrec](http://Reno.gov/parksandrec)**
- Requests for refunds, transfers or credits must be received on the written form by the criteria deadlines. Call for more information or download the rules form from **[Reno.gov/parksandrec](http://Reno.gov/parksandrec)**
- Some programs have a registration deadline and many fill to capacity. It is advised to register early to ensure your space. Fees are subject to City Council approval and can change. Call 334-2262 for more information.

## SCHOLARSHIPS

334-2260

The City of Reno is committed to providing recreational opportunities to all residents regardless of economic circumstances. For this reason, a limited fund scholarship program is available to those who qualify. If you have wanted to participate in our senior programs, all-day camps, before and after school programs or qualified activities but couldn't because of financial circumstances, we encourage you to apply. Information is kept strictly confidential.



**ATHLETIC LEAGUE RAIN-OUT  
HOT LINE**

Phone: 334-6268

**CITY HALL  
PRCS ADMINISTRATION**

**1 E. First St, 11<sup>th</sup> floor**

Phone: 334-2260

Fax: 334-2449

Monday - Friday: 8am-5pm

**EVELYN MOUNT NORTHEAST  
COMMUNITY CENTER - EMNECC**

**1301 Valley Road**

Phone: 334-2262

Fax: 321-8338

**• Building Hours:**

Monday - Thursday: 7am-9pm

Friday: 7am-8pm

Saturday & Sunday: 9am-3pm

**• Pool Hours:**

Monday & Wednesday: 7am-7:30pm

Tuesday & Thursday: 7am-8:30pm

Friday: 7am-6pm

Saturday: 8am-2:30pm

Sunday: Available for events/rentals

**IDLEWILD  
POOL**

**1805 Idlewild Drive**

Phone: 334-2267

Closed until June 2015

**MCKINLEY ARTS AND  
CULTURE CENTER - MAC**

**925 Riverside Drive**

Phone: 334-2417

Fax: 334-2598

Monday - Friday: 8am-5pm

**NEIL ROAD RECREATION  
CENTER - NRRC**

**3925 Neil Road**

Phone: 689-8484

Fax: 689-8487

Monday - Friday: 9am-10pm

Saturday & Sunday: Available for  
events/rentals

**NORTHWEST  
POOL**

**2925 Apollo Way**

Phone: 334-2203

Monday, Wednesday &

Friday: 7am-8pm

Tuesday & Thursday: 7am-9pm

Saturday: Available for events/rentals

Sunday: 12-4pm

**PARKS  
MAINTENANCE**

**2055 Idlewild Drive**

Phone: 334-2270

Fax: 334-2471

Monday - Friday: 7am-4pm

**PLUMAS  
GYM**

**475 Monroe Street**

Phone: 334-2262

**RENO TENNIS  
CENTER**

**1901 Plumas Street**

Phone: 689-2975

**RENO WEST STREET  
MARKET**

**148 West Street**

Phone: 825-9255

Monday - Sunday: 10am-11pm

**SPECIAL EVENTS OFFICE  
PARK RENTALS**

**925 Riverside Drive**

Phone: 334-2414

Fax: 334-2598

Monday - Friday: 8am-5pm

**TEGLIA'S PARADISE PARK  
ACTIVITY CENTER - TPPAC**

**2745 Elementary Drive**

Phone: 356-3176

Fax: 356-3180

Monday - Friday: 8am-5pm

Saturday & Sunday: Available for  
events/rentals

**TRANER  
POOL**

**1600 Carville Drive**

Phone: 334-2269

Closed until June 2015

**URBAN  
FORESTRY**

**2055 Idlewild Drive**

Phone: 321-8371

Fax: 334-2471

Monday - Friday: 7am-4pm





# YOUTH PROGRAMS

**TO REGISTER:** 334-2262  
**FOR MORE INFORMATION:** 334-4280

**EMNECC** - 1301 VALLEY ROAD  
**DOUBLE DIAMOND ELEMENTARY**- 1200 S. MEADOWS PARKWAY  
**PLUMAS GYM** - 475 MONROE STREET

## VACATION STATION

EMNECC | PLUMAS GYM | DOUBLE DIAMOND ELEMENTARY

Vacation Station program features group games, crafts, sports, reading, free time to play with friends all under the supervision of trained City of Reno staff.

**Ages 6-14 | Monday-Friday | 7am-6pm**

\$100 Per Week or \$30 Per Day  
Scholarships available for families that qualify

### Breaks:

- Spring | March 30-April 10
- Summer | June 15-August 7
- Fall | October 12-October 16
- Winter | December 21-January 8\*

(\*No program on December 25 and January 1)

Five-year-olds: To register in a day camp a child must be or have been registered in a Sierra Kids After School program.

## SIERRA KIDS

This quality recreation program provides a safe, supervised environment before and/or after school for grades K-6 in elementary schools throughout Reno. Instructors help participants with tutoring, homework assistance, art, sports and activities that are based on the Character Counts! program. *Registration and payments are required by 12pm on the Friday prior to the week of attendance.*

### Sites

- |                   |                |                   |
|-------------------|----------------|-------------------|
| • Alice Smith     | • Jessie Beck  | • Sarah           |
| • Caughlin Ranch  | • Lemelson     | Winnemucca        |
| • Desert Heights* | • Mamie Towles | • Stead*          |
| • Dodson          | • Mount Rose   | • Virginia Palmer |
| • Double Diamond  | • Peavine      | • Westergard      |
| • Elmcrest*       | • Roy Gomm     |                   |
| • Hunter Lake     | • Silver Lake  |                   |

*\*Morning program only*

### Rates

Days	Weekly Rates	Partial Week Rate
• Morning	\$30	\$10 per day
• Afternoon	\$45	\$15 per day
• Morning & Afternoon	\$75	-
• Early Release Day	-	\$20
• Late Pick-up	\$1 per minute-per child	





DATES	SUMMER DISCOVERY +	VACATION STATION	PERFORMING ARTS CAMP +	WILDERNESS CAMP +
Location	North Valley TBD	Double Diamond Plumas Gym EMNECC	EMNECC	EMNECC
June 15 - June 19	•	•		
June 22 - June 26	•	•	•	
June 29 - July 2	•	•	•	
July 6 - July 10	•	•	•	•
July 13 - July 17	•	•	•	•
July 20 - July 24	•	•	•	•
July 27 - July 31	•	•	•	•
August 3 - August 7	•	•		

### LEADER IN TRAINING | L.I.T.

It's time to help us run a successful camp with a positive attitude and willingness to have fun while at the same time setting an example for camp staff and participants alike. Red shirts get a 50 percent price reduction and our thanks for helping us! This program is offered in all camp breaks. Ages 13-15. *Positions will be available on a first come, first served basis.*

### TOO COOL FOR CAMP

This is your opportunity to start shadowing Youth Camp staff and learning the ropes to become a Leader In Training (L.I.T.) and earn the coveted "red" shirt. *Offered the first two weeks in summer.*

*Ages 13-15 | \$100 per week*

### TWEEN CAMP EMNECC

This program is for the pre-teens who want to experience camps but with those similar of age. This group will do different activities than younger camp participants, while receiving the full experience of existing camps.

*Ages 11-14 | \$130 per week*



### SUMMER DISCOVERY

There's so much to do in this camp. Enjoy sports, games, and great friends. Breakfast and lunch are provided through the Summer Food Service Program.

*Ages 6-14 | \$60 per week*

### WILDERNESS CAMP SPECIALTY CAMP

Learn outdoor survival skills through field trips, hiking, swimming and more. Enjoy an overnight camp-out complete with s-mores and outdoor activities. Wilderness safety and learning how to set up a tent are always highlights of this outdoor adventure.

*Ages 8-14 | \$130 per week*

### PERFORMING ARTS SPECIALTY CAMP

This camp provides an opportunity for kids to sing, dance and perform in a production. There is a part for everyone: lights, music and even directing. This camp is also a part of Artown.

*Ages 8-14 | \$130 per week*





# DANCE

EMNECC - 1301 VALLEY ROAD | 334-2262

TEGLIA'S PARADISE PARK - 2745 ELEMENTARY DRIVE | 334-2262

## STREET HIP HOP

EMNECC

Dancers will learn about street forms of hip hop dancing. This class is for any gender. Loose fitting dance clothes, no jeans and black converse "Chuck Taylor" style shoes are required.

**Ages 8-Teen | Monday 4:15-5:15pm**

- December 1-15 | \$35
- January 26-February 23 (No class: February 16) | \$40
- March 2-23 | \$40
- April 6-27 | \$40
- May 4-18 | \$35

## CREATIVE BALLET

EMNECC

This class introduces the fundamentals of ballet and creative dance by using imagery, props and basic dance steps. Tights, leotard and ballet shoes are required.

**Ages 3-6 | Monday 5:15-6pm**

- December 1-15 | \$35
- January 26-February 23 (No class: February 16) | \$40
- March 2-23 | \$40
- April 6-27 | \$40
- May 4-18 | \$35

## BALLET/HIP HOP JAZZ COMBO CLASS

EMNECC

This class will learn basic and intermediate ballet, jazz and/or hip hop techniques with stretching and conditioning. Tights and leotard, ballet and/or jazz shoes are required. Class has recital opportunities.

**Ages 6-9 | Monday 6-7pm**

- December 1-15 | \$35
- January 26-February 23 (No class: February 16) | \$40
- March 2-23 | \$40
- April 6-27 | \$40
- May 4-18 | \$35

## CONTEMPORARY JAZZ FUSION

EMNECC

Combine "So You Think You Can Dance" contemporary choreography moves with Jazz dance. Loose fitting athletic clothes and jazz shoes are required. Class has recital opportunities.

**Ages 7-12 | Monday 4:15-5:15pm**

## BELLY DANCE | BEGINNER LEVELS I & II

EMNECC

Learn the basic movements and techniques of oriental dance (Raks Sharki) during these graceful art of belly dancing classes. It is important to learn basic foundation techniques before progressing to advanced classes. No prior experience is needed.

**Ages 13+ | Wednesday 6-7:30pm | \$55**

- January 14-February 18
- February 25-April 1
- April 8-May 13
- May 20-June 24

## BELLY DANCE | INTERMEDIATE LEVEL III | TROUPE JASMINE

EMNECC

This class is focused on complicated techniques, tricky combinations, improvisations and expressive performance skills. With skills learned in the beginner classes, you will learn how to apply previous skills to develop your own style while continuing to work within a group.

**Ages 13+ | Thursday 6-7:15pm | \$55**

- January 15-February 19
- February 26-April 2
- April 9-May 14
- May 21-June 25





**MOTIVATORS SQUARE DANCE | 829-7375**  
TEGLIA'S PARADISE PARK

This is an advanced level square dancing class. Prior experience is necessary. Contact Bill Ponton 829-7375.

**Thursday 6-9pm | \$7.50 Per Class**

**WESTERN SQUARE DANCE**  
EMNECC

Join this Modern Square Dance Class with caller, Carol Wilson for an easy to learn cardiovascular class. Scholarships do not apply.

**Party Dance**

*Ages 14+ | January 26 | 6:30-8pm | \$5*

**Learn to Square Dance**

*Ages 14+ | Monday | 6:30-8pm | \$60*

- February 2-April 20
- June 1-August 17

**BALLET | 334-2262**  
EMNECC

Class introduces the fundamentals of ballet and creative dance by using imagery, props and basic dance steps.

**Beginner Ballet**

*Ages 7-12 | Saturday 10:30-11:20am*

- October 25-December 6 | \$36
- January 3-February 21 | \$36
- February 28-April 18 | \$42
- April 25-June 6 | \$36

**Intermediate Ballet**

*Ages 13+ | Wednesday 5-5:50pm*

- October 22-December 3 | \$42
- January 7-February 18 | \$42
- February 25-April 15 | \$42
- April 22-June 3 | \$42

**TAP DANCE**  
EMNECC

**Beginner Tap**

*Ages 7-12 | Saturday 9:30-10:20am*

- November 1-December 6 | \$36
- January 3-February 21 | \$36
- February 28-April 18 | \$42
- April 25-June 6 | \$36

**Beginner Adult Tap**

*Ages 13+ | Saturday 11:30am-12:20pm*

- October 29-December 6 | \$36
- January 3-February 21 | \$36
- February 28-April 18 | \$42
- April 25-June 6 | \$36

**Intermediate Tap**

*Ages 7-12 | Saturday 12:30-1:20pm*

- October 22-December 3 | \$42
- January 7-February 18 | \$42
- February 25-April 15 | \$42
- April 22-June 3 | \$42

**Intermediate Adult Tap**

*Ages 13+ | Wednesday 6-7pm*

- October 22-December 3 | \$42
- January 7-February 18 | \$42
- February 25-April 15 | \$42
- April 22-June 3 | \$42

**Senior Tap**

*Ages 50+ | Wednesday 10-11am*

- October 22-December 3 | \$42
- January 7-February 18 | \$42
- February 25-April 15 | \$42
- April 22-June 3 | \$42





# FITNESS

**CALIFORNIA BUILDING** - 75 COWAN DRIVE | 334-2262

**EMNECC** - 1301 VALLEY ROAD | 334-2262

**NEIL ROAD RECREATION CENTER** - 3925 NEIL ROAD | 334-2262

## JAZZERCISE

CALIFORNIA BUILDING

Jazzercise is an effective, total body conditioning program that will help you feel great and look terrific. Each class offers a blend of dance and exercise choreographed to your favorite music. Includes a warm up, aerobic workout, muscle toning/strengthening segment and stretching. Ages 16+.

**Monday, Tuesday, Wednesday & Friday | 9-10am**

\$65 for 2 months | \$90 for 3 months | \$25 for 4 classes |  
\$36 per month (Online option only)

## PERSONAL TRAINING | 813-2930

EMNECC

Fit 2 You Personal Training is a one-on-one program that will help you get started on a lifestyle designed to keep you fit and healthy. The first session is an assessment of your fitness level and goals. In later sessions, learn proper techniques to develop strength, endurance and flexibility.

Schedule an appointment | \$30 Per Hour

## TRX SUSPENSION TRAINING | 657-6478

KAIAFITMIDTOWN@YAHOO.COM

TRX meets for five weeks, one time per week. The TRX program delivers a fast, effective total-body workout, to build a rock-solid core, increase muscular endurance and benefits people of all fitness levels. By utilizing your own bodyweight, our TRX program provides an intensity level that suits each individual's needs that build power, strength, flexibility, balance, mobility and help prevent injury.

## FIT FUTURE GROUP TRAINING | 334-2262

EMNECC

One hour class designed to burn fat, build muscle and increase endurance through body weight resistance, high intensity interval training (hiti) tabata and cardiovascular training.

\$5 Per Class

- Monday | 8-9am | 7:30-8:30pm
- Thursday | 7:30-8:30pm
- Friday | 8-9am | 7-8pm

**PLUMAS GYM** - 475 MONROE STREET | 334-2262

**TEGLIA'S PARADISE PARK** - 2745 ELEMENTARY DRIVE | 334-2262

## KAIA FITNESS | 657 6478

EMNECC | CALIFORNIA BUILDING | PLUMAS GYM

Kaia is a boot camp for women of all ages. Our goal is to inspire women to reach beyond their expectations and to help get you in the best shape of your life. Classes include 3-4 Kaia cross-training workouts including our Kaia walk/runs, Kaia Juicy and Kaia Flow. Kaia F.I.T. offers two different types of boot camp styles:

### Brik

6 Weeks | 5 days a week | \$259

Session start dates: January 5 | May 4 | August 31

These sessions offer QUICK and GREAT results from weight & body fat loss to strength and confidence. During BRIK we do physical assessments, offer a nutritional plan, recipes, a shopping guide, food journals, and have a blast!

### Core

5 Weeks | 4 days a week | \$135

Session start dates: January 5 | May 4 | August 31

This class increases cardiovascular endurance and muscular strength. Also, a Kaia Nutritional Guide to help you with making healthy food choices and weight loss.

## BEGINNING YOGA | 851-7715

KAREN\_HAIRFIELD@SBCGLOBAL.NET | EMNECC

This class will focus on the basic building blocks of yoga through the philosophical approach of traditional yoga. Yoga focuses on understanding the body, the breath and mind through exercises (ananas), breathing (pranayamas) techniques, meditation and relaxation (Yoga Nidra). This class will help you learn your body's weaknesses, strengths, tightness and flexibility.

\$15 per class | \$70 per month

## TRADITIONAL YOGA

EMNECC

Students must have prior yoga knowledge of postures and have taken yoga before. This yoga class will practice on the ananas (physical postures), breathing (pranayamas) techniques, meditation and relaxation through Yoga Nidra. The techniques are designed to increase strength, flexibility, endurance, balance, coordination and the ability to relax.

Tuesday & Thursday | 5-6pm | \$15 per class | \$70 per month



**RESTORATIVE YOGA | 851-7715**  
KAREN\_HAIRFIELD@SBCGLOBAL.NET | EMNECC

You will be guided through the steps for beginner restorative yoga poses and meditation (Yoga Nidra). Yoga health consultations and small group classes (4-8 people) are available.

*\$15 per class | \$70 per month*

**MAT YOGA | 303-2845**  
EMNECC | NEIL ROAD RECREATION CENTER

This gentle yoga class is an accessible approach to learning the fundamental yoga stretches. Mats, blankets and blocks are available on a first come, first served basis. For more information, please call Pam Pearson at 303-2845 or e-mail psp89@hotmail.com.

*\$30 Per month*

- **EMNECC** | Monday, Wednesday & Friday 12-1pm
- **Neil Road Recreation Center** | Monday, Wednesday & Friday 10-11am

**CHAIR YOGA**  
EMNECC | TEGLIA'S PARADISE PARK | NEIL ROAD RECREATION CENTER

Build strength and flexibility while using a chair, each movement is coordinated with slow breaths. For more information, please call Pam Pearson at 303-2845 or e-mail psp89@hotmail.com.

*\$8 Per month - Per location*

- **EMNECC** | Wednesday 1:30-2:15pm | 334-2262
- **Teglia's Paradise Park** | Thursday 9-9:45am | 356-3176
- **Neil Road Recreation Center** | Thursday 10:30-11:15am | 689-8484

**EVELYN MOUNT NORTHEAST COMMUNITY CENTER | 334-2262**  
1301 VALLEY ROAD

EMNECC OFFERS A FULLY EQUIPPED WEIGHT ROOM, CABLE RESISTANCE MACHINES, A UNIVERSAL MACHINE, FLOOR MATS AND SWISS BALLS. THERE IS ALSO A CARDIO ROOM FILLED WITH TREADMILLS, ELLIPTICAL TRAINERS, STAIR STEPPERS AND TRAINING BICYCLES. THERE ARE LOCKER ROOMS, A FULL-SIZED GYMNASIUM AND FOUR-LANE LAP POOL.

**HOURS OF OPERATION** | MONDAY-THURSDAY 7AM-9PM | FRIDAY 7AM-8PM | SATURDAY & SUNDAY 9AM-3PM  
**POOL HOURS** | LAP SWIM: MONDAY-FRIDAY 7-10AM & 1-2:30PM SATURDAY: 11AM-12PM PUBLIC SWIM: SATURDAY 12-2:30PM

Passes and Fees				
Ages	Single Admission	Punch Passes (10 visits)	Quarterly	Annual
<i>Facility Use   Pass is good for the Fitness Center, Open Gym and Swimming Pool</i>				
<b>Adult (18+)</b>	\$5	\$45	\$150	\$360
<b>Youth (14-17)</b>	\$3	\$25	\$75	\$225
<b>Seniors (55+)</b>	\$2	\$15	\$60	\$225
<i>Fitness Center and Gym   Children younger than 14 are not allowed in the fitness center at any time</i>				
<b>Adult (18+)</b>	\$4	\$35	\$80	\$200
<b>Youth/Senior (8-17/55+)</b>	\$3	\$25	\$60	\$150
<i>Open Gym</i>				
<b>Adult (18+)</b>	\$2	\$20	\$60	\$150
<b>Youth/Senior (8-17/55+)</b>	\$1	\$10	\$30	\$75

**SHAPE UP RENO**  
RENO.GOV/SHAPEUPRENO

The City of Reno partnered with local businesses to host fitness sessions. More at **Reno.gov/ShapeupReno**.

- **Double Diamond Athletic Club | 9400 Double Diamond Pkwy**  
Yoga | Mondays 6:30-7:30pm  
Body Pump | Wednesdays 4:30-5:30pm
- **Sports West Athletic Club | 1575 Virginia St**  
Total Core Fusion | Thursday 5:30-6:30pm
- **MRI Fitness | 895 E Patriot Lane, Suite 108**  
Total Body Conditioning | Saturdays 7:30-8:30am  
Power 40 (Lunch Workout) | Mon, Tues, Wed & Thurs 12:10-12:40pm
- **The Studio | 1085 S Virginia St, Suite D**  
Yoga | Saturdays 10-11am
- **St. Mary's Fitness Center | 645 N Arlington #100**  
Fitness For Life | Mon, Wed & Fri 1-1:45pm
- **Evelyn Mount Northeast Community Center | 1301 Valley Rd**  
Yoga w/ Cynthia Roy | Tuesday 12:30-1:30pm  
Bootcamp w/ Jon Benitez | Tuesday 12-1pm
- **Soul Space | 100 W Liberty St, Suite 195**  
Bootcamp | Saturday 9-9:45am





# AQUATICS

EMNECC - 1301 VALLEY ROAD | 334-2262

NORTHWEST POOL - 2925 APOLLO WAY | 334-2203

## WATER BABIES

EMNECC | NORTHWEST POOL

This parent-assisted program helps small children become accustomed to the water while in the familiar hands of a parent. Ages six months to three years old.

## WATER FITNESS

EMNECC | NORTHWEST POOL

Buoyancy takes the impact off of leg joints allowing exercises to improve muscular strength, balance and fitness levels. Get high impact results from a low-impact water workout. No swimming skills are required.

## ADULT SWIM CLINIC

NORTHWEST POOL

Participants must be 15 years of age or older. Instructors work with participants to identify goals for success and design the aims of the course to goal completion.

## LEARN TO SWIM

EMNECC | NORTHWEST POOL

Students will be introduced to the fundamentals and techniques of basic swimming. Advanced students will refine the skills presented in previous lessons. This course is broken out into six levels of progressive instruction. Ages six years and up with 10 student-per instructor ratio.

## TINY TOTS

EMNECC | NORTHWEST POOL

Certified American Red Cross instruction begins with basic physical and mental adjustment to the water. Participants are taught basic safety and skills using play as the primary form of teaching. This class does not teach children to be accomplished swimmers, but develops a comfort in the water. This class is for children ages three to five years old.

## EVELYN MOUNT NORTHEAST COMMUNITY CENTER - 1301 VALLEY ROAD | 334-2262

INDOOR 25-YARD POOL FEATURING FOUR LANES. CLOSED ON SUNDAYS

PROGRAM	DATES	DAYS   TIMES   FEES
Public Swim	On-going	• Saturday   12-2:30pm   \$5 Adults \$3 Youth \$2 Seniors*
Lap Swim	On-going	• Monday-Friday   7-10am & 1-2:30pm   \$5 Adults \$3 Youth \$2 Seniors* • Saturday   11am-12pm   \$5 Adults \$3 Youth \$2 Seniors*
Water Babies (6 months-2 years old)	• December 6-20 • January 10-31 • February 14-March 7 • March 21-April 11 • April 25-May 16	• Saturday   9:45-10:15am   \$28
Tiny Tots (3-5 years old)	• December 1-17 • January 5-26** • February 2-23** • March 2-18 • March 30-April 15 • November 1-22	• Monday & Wednesday   6:15-6:45pm   \$42
	• December 6-20 • January 10-31 • February 14-March 7 • March 21-April 11 • April 25-May 16	• Saturday   10:15-10:45am   \$28



PROGRAM	DATES	DAYS   TIMES   FEES	
Learn to Swim (6-17 years old)	<ul style="list-style-type: none"><li>• December 1-17</li><li>• January 5-26**</li><li>• February 2-23**</li><li>• March 2-18</li><li>• March 30-April 15</li><li>• April 27-May 13</li></ul>	• Monday & Wednesday   6:15-7pm   \$42	
	<ul style="list-style-type: none"><li>• December 6-20</li><li>• January 10-31</li><li>• February 14-March 7</li><li>• March 21-April 11</li><li>• April 25-May 16</li></ul>	• Saturday   10:15-11am   \$28	
Water Fitness	<ul style="list-style-type: none"><li>• October 27-November 21**</li><li>• November 24-December 19**</li><li>• December 22-January 16</li><li>• January 21-February 13</li><li>• February 18-March 13</li><li>• March 16-April 10</li><li>• April 13-May 8</li><li>• May 11-June 5**</li></ul>	<ul style="list-style-type: none"><li>• Monday, Wednesday &amp; Friday   12-1pm   \$33 Adult \$27.50 Seniors*</li><li>• Monday, Wednesday &amp; Friday   12-1pm   \$33 Adult \$27.50 Seniors*</li><li>• Monday, Wednesday &amp; Friday   12-1pm   \$36 Adult \$30 Seniors*</li><li>• Monday, Wednesday &amp; Friday   12-1pm   \$33 Adult \$27.50 Seniors*</li><li>• Monday, Wednesday &amp; Friday   12-1pm   \$33 Adult \$27.50 Seniors*</li><li>• Monday, Wednesday &amp; Friday   12-1pm   \$36 Adult \$30 Seniors*</li><li>• Monday, Wednesday &amp; Friday   12-1pm   \$36 Adult \$30 Seniors*</li><li>• Monday, Wednesday &amp; Friday   12-1pm   \$33 Adult \$27.50 Seniors*</li></ul>	
	<ul style="list-style-type: none"><li>• October 28-November 20**</li><li>• November 25-December 18**</li><li>• December 23-January 15**</li><li>• January 20-February 12</li><li>• February 17-March 12</li><li>• March 17-April 9</li><li>• April 14-May 7</li><li>• May 12-June 4**</li></ul>	<ul style="list-style-type: none"><li>• Tuesday &amp; Thursday   10:30-11:30am   \$24 Adult \$20 Seniors*</li><li>• Tuesday &amp; Thursday   10:30-11:30am   \$21 Adult \$17.50 Seniors*</li><li>• Tuesday &amp; Thursday   10:30-11:30am   \$18 Adult \$15 Seniors*</li><li>• Tuesday &amp; Thursday   10:30-11:30am   \$24 Adult \$20 Seniors*</li><li>• Tuesday &amp; Thursday   10:30-11:30am   \$24 Adult \$20 Seniors*</li><li>• Tuesday &amp; Thursday   10:30-11:30am   \$24 Adult \$20 Seniors*</li><li>• Tuesday &amp; Thursday   10:30-11:30am   \$24 Adult \$20 Seniors*</li><li>• Tuesday &amp; Thursday   10:30-11:30am   \$24 Adult \$20 Seniors*</li></ul>	
	<ul style="list-style-type: none"><li>• October 28-November 20**</li><li>• November 25-December 18**</li><li>• December 23-January 15**</li><li>• January 20-February 12</li><li>• February 17-March 12</li><li>• March 17-April 9</li><li>• April 14-May 7</li><li>• May 12-June 4**</li></ul>	<ul style="list-style-type: none"><li>• Tuesday &amp; Thursday   11:30am-12:30pm   \$24 Adult \$20 Seniors*</li><li>• Tuesday &amp; Thursday   11:30am-12:30pm   \$21 Adult \$17.50 Seniors*</li><li>• Tuesday &amp; Thursday   11:30am-12:30pm   \$18 Adult \$15 Seniors*</li><li>• Tuesday &amp; Thursday   11:30am-12:30pm   \$24 Adult \$20 Seniors*</li><li>• Tuesday &amp; Thursday   11:30am-12:30pm   \$24 Adult \$20 Seniors*</li><li>• Tuesday &amp; Thursday   11:30am-12:30pm   \$24 Adult \$20 Seniors*</li><li>• Tuesday &amp; Thursday   11:30am-12:30pm   \$24 Adult \$20 Seniors*</li><li>• Tuesday &amp; Thursday   11:30am-12:30pm   \$24 Adult \$20 Seniors*</li></ul>	
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	Private/Semi-Private Swim Lessons		
	Call 334-2203 for more information   \$30 for 1 Child \$55 for 2-5 Children		
	Private Pool Rental		
	Call 334-2203 for more information   \$70 per hour		
	* Senior Age: 55+		
	** Closed dates: November 11, November 27-28, December 25, January 1, January 19, February 16 & May 25		

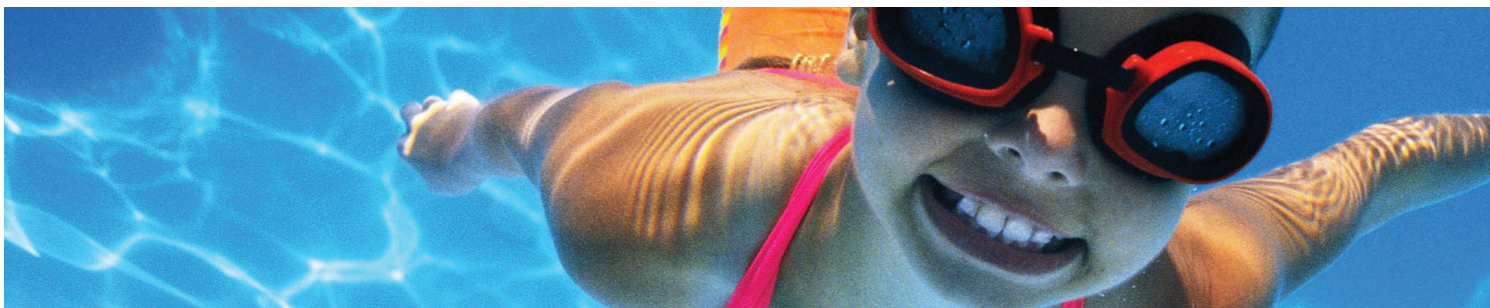


**NORTHWEST POOL** - 2925 APOLLO WAY | 334-2203  
INDOOR 25-YARD POOL FEATURING EIGHT-LANES AND A TEACHING POOL

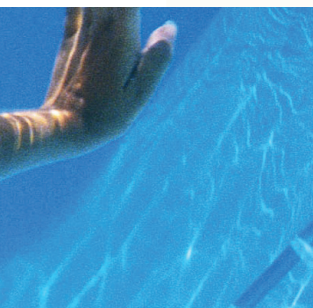
PROGRAM	DATES	DAYS   TIMES   FEES
<b>Public Swim</b>	On-going	<ul style="list-style-type: none"> <li>• Tuesday &amp; Thursday   7:30-9pm   \$5 Adults \$3 Youth \$2 Child/Seniors*</li> <li>• Sunday   1-4pm   \$5 Adults \$3 Youth \$2 Seniors*</li> </ul>
<b>Lap Swim</b>	On-going	<ul style="list-style-type: none"> <li>• Monday-Friday   7-9am   \$5 Adults \$3 Youth \$2 Child/Seniors*</li> <li>• Monday-Friday   11:30am-1:30 pm   \$5 Adults \$3 Youth \$2 Child/Seniors*</li> <li>• Monday-Friday   6:15-7:15pm   \$5 Adults \$3 Youth \$2 Child/Seniors*</li> <li>• Sunday   12-1pm   Passes available</li> </ul>
<b>Water Babies</b> (6 months-2 years old)	<ul style="list-style-type: none"> <li>• December 2-18</li> <li>• January 6-22</li> <li>• February 3-19</li> <li>• March 3-19</li> <li>• March 31-April 16</li> <li>• April 28-May 14</li> </ul>	<ul style="list-style-type: none"> <li>• Tuesday &amp; Thursday   6:15-6:45pm   \$42 per session</li> </ul>
<b>Tiny Tots</b> (3-5 years old)	<ul style="list-style-type: none"> <li>• December 1-17</li> <li>• January 5-21</li> <li>• February 2-18</li> <li>• March 2-18</li> <li>• March 30-April 15</li> <li>• April 29-May 18</li> </ul>	<ul style="list-style-type: none"> <li>• Monday &amp; Wednesday   6:15-6:45pm   \$42 per session</li> </ul>
	<ul style="list-style-type: none"> <li>• December 2-18</li> <li>• January 6-22</li> <li>• February 3-19</li> <li>• March 2-18</li> <li>• March 31-April 16</li> <li>• April 28-May 14</li> </ul>	<ul style="list-style-type: none"> <li>• Tuesday &amp; Thursday   1:30-2pm   \$42 per session</li> </ul>
<b>Learn to Swim</b> (6-17 years old)	<ul style="list-style-type: none"> <li>• December 1-17</li> <li>• January 5-21</li> <li>• February 2-18</li> <li>• March 2-18</li> <li>• March 30-April 15</li> <li>• April 29-May 18</li> </ul>	<ul style="list-style-type: none"> <li>• Monday &amp; Wednesday   7-7:45pm   \$42 per session</li> </ul>

\* Senior Age: 55+

\*\* Closed dates: November 11, November 27-28, December 25, January 1, January 19, February 16 & May 25



PROGRAM	DATES	DAYS   TIMES   FEES
<b>Water Fitness</b>  <i>Drop in Fee:</i> \$6 Adults \$5 Seniors*	• December 1-26	• Monday, Wednesday & Friday   9-10am   \$36 Adult \$30 Seniors*
	• December 29-January 23	• Monday, Wednesday & Friday   9-10am   \$36 Adult \$30 Seniors*
	• January 26-February 20	• Monday, Wednesday & Friday   9-10am   \$36 Adult \$30 Seniors*
	• February 23-March 20	• Monday, Wednesday & Friday   9-10am   \$36 Adult \$30 Seniors*
	• March 23-April 17	• Monday, Wednesday & Friday   9-10am   \$36 Adult \$30 Seniors*
	• April 20-May 15	• Monday, Wednesday & Friday   9-10am   \$36 Adult \$30 Seniors*
	• May 18-June 12	• Monday, Wednesday & Friday   9-10am   \$36 Adult \$30 Seniors*
	• December 2-23	• Tuesday & Thursday   9-10am   \$21 Adult \$17.50 Seniors*
	• December 30-January 22**	• Tuesday & Thursday   9-10am   \$21 Adult \$17.50 Seniors*
	• January 27-February 19	• Tuesday & Thursday   9-10am   \$24 Adult \$20 Seniors*
<b>Adaptive Water Fitness</b>  <i>Drop in Fee:</i> \$6 Adults \$5 Seniors*	• February 23-March 20	• Tuesday & Thursday   9-10am   \$24 Adult \$20 Seniors*
	• March 24-April 16	• Tuesday & Thursday   9-10am   \$24 Adult \$20 Seniors*
	• April 21-May 14	• Tuesday & Thursday   9-10am   \$24 Adult \$20 Seniors*
	• May 19-June 11	• Tuesday & Thursday   9-10am   \$24 Adult \$20 Seniors*
	• December 1-26	• Monday, Wednesday & Friday   10-11am   \$36 Adult \$30 Seniors*
	• December 29-January 23	• Monday, Wednesday & Friday   10-11am   \$36 Adult \$30 Seniors*
	• January 26-February 20	• Monday, Wednesday & Friday   10-11am   \$36 Adult \$30 Seniors*
	• February 23-March 20	• Monday, Wednesday & Friday   10-11am   \$36 Adult \$30 Seniors*
	• March 23-April 17	• Monday, Wednesday & Friday   10-11am   \$36 Adult \$30 Seniors*
	• April 20-May 15	• Monday, Wednesday & Friday   10-11am   \$36 Adult \$30 Seniors*
<b>Adult Swim Clinic</b>	• May 18-June 12	• Monday, Wednesday & Friday   10-11am   \$36 Adult \$30 Seniors*
	• December 2-18	• Tuesday & Thursday   6:15-7pm   \$42 per session
	• January 6-22	
	• February 3-19	
	• March 2-18	
	• March 31-April 15	
• April 28-May 14		
<b>Kayak Roll Session</b>	On-going	• Monday   8-9:30pm   \$5 Adults \$3 Seniors*/Youth
<b>Lifeguard Training</b>	Call 334-2203 for more information   \$150	
<b>Water Safety Instructor</b>	Call 334-2203 for more information   \$130 + Books	
<b>Private/Semi-Private Swim Lessons</b>	Call 334-2203 for more information   \$30 for 1 Child \$55 for 2-5 Children	
<b>Private Pool Rental</b>	Call 334-2203 for more information   \$70 per hour	
* Senior Age: 55+		
** Closed dates: November 11, November 27-28, December 25, January 1, January 19, February 16 & May 25		





# INCLUSION

## ACCESS FOR ALL 334-2262

The City of Reno provides accommodations to those with disabilities so that full participation in leisure and recreation programs, classes, services and facilities may be enjoyed by all. For accommodation to participate in a program, contact Inclusion Services (minimum of five business days prior to program). Hearing impaired individuals can use Nevada Relay by dialing 711 for assistance.

## U.S. PARALYMPICS 334-2262

Paralympic Sport Reno is a community-based sports club developed to involve youth and adults with a physical and visual disability. A division of the U.S. Olympic Committee is dedicated to becoming the world leader in the Paralympic sports movement and to promoting excellence in the lives of persons with physical disabilities.

## ADAPTIVE REC CONNECT 334-2262

This newsletter is the best way to stay current with upcoming events, sports, social programs and area resources. You can download a copy by visiting **Reno.gov/parksandrec** or call Inclusion/Adaptive Services to have each issue e-mailed to you.

## ADAPTIVE EQUIPMENT RENTAL PROGRAM 333-7765

Our adaptive recreation equipment is available to rent (sport wheelchairs, beach wheelchairs, hand cycles, etc.). Renting makes it affordable for participants to try before they buy, be a weekend warrior, gain skills and be involved in more than one sport. Call for more information.

## OUT AND ABOUT 334-2262

The Out and About community outing program is geared for young adults ages 15 years and up with disabilities and their caregivers/companions. Join us for bowling, cooking, golfing, fishing, field trips and more.

Contact 333-7765 for a schedule of activities

## NORTHERN CALIFORNIA/NEVADA ADAPTIVE CYCLING SERIES 333-7765

Join us while we cycle various locations in northern California and Nevada throughout the summer/fall. There will be a series of organized rides in the Bay Area, Sacramento and Reno. Each ride will offer routes of varying distances for beginner to advanced.

### April 18 | Sacramento, CA

Rick Mason - City of Sacramento, Access Leisure  
rmason@cityofsacramento.org

### June 6 | Reno, NV

April Wolfe - City of Reno  
333-7765 or wolfea@reno.gov

## MARK WELLMAN'S ADVENTURE DAY AT SPARKS MARINA SPARKS MARINA PARK | 300 HOWARD DRIVE | 353-7815

A kayaking seminar will be featured and adaptive rock climbing, adaptive sailing and hand cycles will be available to try. Bring your bathing suit and sun block to this free event. Call Shauna Nelson or email shnelson@cityofsparks.us for more information.

Saturday, June 14 | 10am-2pm

## WHEELCHAIR RUGBY 333-7765

Wheelchair or quad rugby is a fast paced and competitive sport for individuals with physical disabilities that affect all four extremities. Players use special "rugby wheelchairs" to play the sport. These chairs are very maneuverable and can take a hit or two. Rugby players must be able to push their own wheelchairs.

### January-April

- Friday | 5:30-6:30pm | \$40
- Saturday | 12-3pm | \$25

## ADAPTIVE GOLF 333-7765

Paralympic Sport Reno has partnered with Rosewood Lakes Golf Course to offer six-week sessions of golf instruction. Whether you are an absolute beginner or a seasoned veteran, you'll find a place at our golf clinics taught by golf professionals. Call for more information.

May 1-June 5 | Friday | 11am-12pm



**BOCCIA | 333-7765**  
EMNECC

The object of the game is to throw or roll game balls so that they land as close as possible to a target ball called the “Jack.” Available for players of all abilities.

**January 13-February 17 | Tuesday 11am-12pm | \$36**

**VETERAN PROGRAMS**  
334-2262

**Project Hero City of Reno**

Project HERO (Healing Exercise Rehabilitation Opportunity) provides training and supports cycling programs at military hospitals, Army Transition Units, Marine Wounded Warrior Units and Veterans Affairs locations to help healing heroes overcome obstacles they face. Project HERO has proven the effectiveness of group riding in the rehabilitation of injured servicemen and women. Cycling is an important part of the recovery and rehabilitation. For more information, call April Wolfe or email [wolfea@reno.gov](mailto:wolfea@reno.gov) to join us on our next ride.

**Fit But Not Forgotten**

The Fit But Not Forgotten program offers weekly fitness classes in our facility weight room. Classes will cover orientation to equipment, assessment of fitness level, proper technique to develop strength, endurance and flexibility and discuss fitness goals. Upon completion of four classes participants will be eligible for a free all inclusive one year facility membership. The grants from U.S. Paralympics, division of the U.S. Olympic Committee, are provided to facilitate the growth of Paralympic-sport programming for disabled veterans and disabled members of the armed forces.

- Monday | 5:30-6:30pm
- Wednesday | 10-11am

**ADAPTIVE WATER FITNESS | 334-2203**  
NORTHWEST POOL | 2925 APOLLO WAY

**Monday, Wednesday & Friday | 10-11am**

Drop in Fee \$6 Adults \$5 Seniors (55+)

- December 1-26 | \$36 Adults \$30 Seniors
- December 29-January 23 | \$36 Adults \$30 Seniors
- January 26-February 20 | \$36 Adults \$30 Seniors
- February 23-March 20 | \$36 Adults \$30 Seniors
- March 23-April 17 | \$36 Adults \$30 Seniors
- April 20-May 15 | \$36 Adults \$30 Seniors
- May 18-June 12 | \$36 Adults \$30 Seniors





# ATHLETICS

THE CITY OF RENO OFFERS DOZENS OF LEAGUES AND SPORTS ACTIVITIES. TO REGISTER FOR ONE OF THESE LEAGUES, DOWNLOAD A SPORT-SPECIFIC REGISTRATION FORM FROM [RENO.GOV](http://RENO.GOV) AND SUBMIT IT ACCORDING TO THE INSTRUCTIONS. TO RECEIVE A REGISTRATION FORM WITHOUT THE USE OF THE INTERNET, CALL THE ATHLETICS OFFICE AT 334-2262.

**EMNECC** - 1301 VALLEY ROAD | 334-2262  
**IDLEWILD PARK** - 1805 IDLEWILD DRIVE | 334-2262

**PLUMAS GYM** - 475 MONROE STREET | 334-2262  
**RENO SPORTS COMPLEX** - 2975 NORTH VIRGINIA STREET | 334-2262

## WINTER NON-SPIKING CO-ED VOLLEYBALL LEAGUE PLUMAS GYM

Registration fee includes 10 league games and a single elimination, post-season tournament for qualifying teams. Games may start as early as 8am.

**Ages 18+ | Monday | 6-11:30pm | \$160**  
*Registration ends: December 11*  
*League Dates: January 12-March 23*

## SPRING CO-ED KICK BALL LEAGUE RENO SPORTS COMPLEX

Kickball is officiated by ASA certified officials and follows ASA rules unless otherwise noted. Registration includes 10 league games.

**Ages 18+ | Monday | 6-11:30pm | \$360**  
*Registration ends: March 13 | League Dates: April 6-June 14*

## SPRING CO-ED AND MEN'S SOFTBALL LEAGUE RENO SPORTS COMPLEX | IDLEWILD

Registration includes 10 league games and qualifying teams will play in a single elimination, post-season tournament.

**Ages 18+ | 4-11:30pm | \$535**  
*Registration ends: March 13 | League Dates: April 6-July 3*  
• **Reno Sports Complex** | Monday-Friday  
• **Idlewild** | Tuesday-Thursday

## SPRING NON-SPIKING CO-ED VOLLEYBALL LEAGUE PLUMAS GYM

Registration fee include 10 league games and a single elimination, post-season tournament for qualifying teams.

**Ages 18+ | Monday & Wednesday | 6-11:30pm | \$160**  
*Registration ends: March 13 | League Dates: March 30-May 6*

## SPRING SUNDAY SPIKING VOLLEYBALL LEAGUE PLUMAS GYM

Registration fee include 10 league games and a single elimination, post-season tournament for qualifying teams. Games may start as early as 8am.

**Ages 18+ | Sunday | 8am-11:30pm | \$160**  
*Registration ends: March 13 | League Dates: March 29-June 21*

## SPRING TWO NIGHT SPIKING CO-ED VOLLEYBALL LEAGUE PLUMAS GYM

Registration fee include 10 league games and a single elimination, post-season tournament for qualifying teams. Games may start as early as 8am.

**Ages 18+ | Tuesday&Thursday | 6-11:30pm | \$160**  
*Registration ends: March 13 | League Dates: March 31-May 7*



# ACTIVITIES/CLASSES

EMNECC - 1301 VALLEY ROAD  
MCKINLEY ARTS AND CULTURE CENTER - 925 RIVERSIDE DRIVE

TEGLIA'S PARADISE PARK - 2745 ELEMENTARY DRIVE

## BEAUX ART CLASS | 334-2417 MCKINLEY ARTS AND CULTURE CENTER

Learn techniques of the 17th century Great French Master Painters. Instructor Stephanie Cellier will help you improve your current skill level, knowledge and help express an idea in a clear and beautiful way.

Tuesday | 5:30-8:30pm | \$45 for 1 class | \$150 for 4 classes

## LIFE GUARDING | 240-4082 NEVADASAFETYTRAINING@GMAIL.COM

The American Red Cross Lifeguarding program trains lifeguards to act with speed and confidence in emergency situations both in and out of water. Learn water rescue skills, surveillance and recognition, first aid, CPR and AED breathing and cardiac emergencies. Participants are required to pass a pre-course swimming test in order to earn a certification, must attend all courses, pass a written exam with an 80% or better, and pass a skill test.

Ages 15+ | \$150

### Blended Learning Option | January 14-February 7

- Wednesday | 6:30-9:30pm
- Saturday | 9am-1:30pm

### Blended Learning Option | February 17-March 24

- Tuesday & Thursday | 6:30-9:30pm

### Blended Learning Option | March 31-April 10

- Monday-Friday | 6:30-9:30pm

### Blended Learning Option | April 21-May 21

- Tuesday & Thursday | 6:30-9:30pm

## PHILIPPINE STICK FIGHTING | 334-2262 EMNECC

This is a complete system of armed and unarmed self-defense. Arnis also encompasses aspects of Aikido, Jujitsu, Wing Chun, Tai Chi and Gung-Fu.

Ages 12+ | Wednesday | 6:30-8pm

\$54 for 6 weeks | \$100 for both stick fighting and karate

- January 7-February 11
- February 18-March 25
- April 15-May 20
- May 27-July 1

## DOG OBEDIENCE | 365-4530 DOGMANGUY.COM

Instructor Guy Yeaman will teach your dog the basic obedience commands. Each dog will need a training collar (choke chain, halti, martingale, harness, etc.) and a four-foot to six-foot fabric or leather leash. Written proof of update dog shots must be shown at the start of class. Results are guaranteed.

Ages 8+ for people | 4 months+ for dogs

- **Comstock Park** - 1650 Carat Boulevard  
*Fall/Winter* 10-11am | *Spring/Summer* 9-10am
- **McKinley Arts and Culture Center** - 925 Riverside Dr.  
1-2pm  
Saturday | \$80 Per Session
- January 10-14
- March 7-April 11
- April 18-May 23

## JUJITSU | 334-2262 EMNECC

DanZan Ryu Jujitsu in an internationally recognized system of the Hawaiian jujitsu and teaches self-defense that is effective on the streets and competitive on the mat or in the cage. While developing students' character and ethical principals, students practice techniques, but also the belief in Kokua (helping spirit) and Ohana (family spirit). New students are required to become members of the American Judo and Jujitsu Federation (AJJF).

### AJJF Membership

\$30 per year for age 15 and younger  
\$60 per year for adults | \$15 for seniors (65+)

### Adult Jujitsu | \$60 per month

- Tuesday & Thursday | 7-9pm
- Saturday | 10am-12pm

### Kid's Jujitsu | \$50 per month

- Tuesday & Thursday | 6-7pm





**KARATE/TAEKWON-DO | 334-2262**  
EMNECC

Master Jeff Collins combines (Kosho Ryu), Taekwon-Do and Kick Boxing for a well rounded martial arts and self defense program.

**Adult Karate/Taekwon-Do | Ages 12+**

*Tuesday & Thursday | 6:30-8:30pm*

\$75 for 6 weeks | \$100 for both stick fighting and karate

- January 6-February 12
- February 17-March 26
- April 14-May 21
- May 26-July 2

**Children's Karate/Taekwon-Do | Ages 8-12**

*Monday-Wednesday | 5:30-6:20pm*

- January 5-February 18 | \$62.50
- February 23-March 25 | \$51.80
- April 13-May 20 | \$62.50
- May 27-July 6 | \$62.50

**SELF DEFENSE (WOMEN AND MEN) | 334-2262**  
EMNECC

Practice mental tactics and physical techniques to defend yourself against attack. Learn how to avoid, escape and survive attacks that don't require physical strength. These practical techniques will maximize your chances of safety. Wear comfortable, loose clothing.

*Monday | 6:30-8:30pm | \$54 for 6 week course*

- February 2-March 16
- April 13-May 18
- June 1-July 6

**EMEI QIGONG | 334-2262**  
EMNECC

You will learn Wuji Gong, the primary form of Emei Qigong. These simple, low impact, and meditative movements are easy to learn for all ages.

*Tuesday | 5:30-6:30pm | \$5 per month*

- January 20-February 10
- February 17-Free practice day
- March 10-March 31
- April 7-April 28
- May 5-May 26

**TAI CHI | 334-2262**  
EMNECC

Cheng Man Ching Yang Style consists of 37 postures also known as Meditation in Motion. This low impact exercise helps with relaxation, balance and flexibility.

*Monday | 6-7pm | \$5 per class*

**PARADISE PARK COMMUNITY GARDEN | 334-1201**  
TEGLIA'S PARADISE PARK

Forty-four individual ground plots, six raised beds and two large community garden spaces for use.

*\$10 for one spot - \$15 for two spots*

*Returning gardeners can reserve the same spots*

**OUTDOOR ACTIVITIES | 334-2414**  
TRUCKEE RIVER WHITEWATER PARK - 2 S. ARLINGTON AVE

The Whitewater Park features five drop pools over 1,400 feet in the north channel and six pools over 1,200 feet in the south channel. Kayak, raft and tube rentals are available by local concessionaires. As with all river systems, safety precautions should be exercised (i.e. use of personal flotation devices). There is no lifeguard on duty.

**CERAMICS CLASS | 334-2417**  
MCKINLEY ARTS AND CULTURE CENTER

Ceramics is designed to accommodate the many skill levels from novice to a more advanced student. Projects are completed as a group focusing on the techniques needed to complete a ceramic piece from start to finish. For more advanced students, additional projects can be worked on during class time. Students are encouraged to bring outside projects to class. Mediums used include acrylic paints, glazes and translucences.

*\$45 per month | 9:30am-12pm*

*Three Wednesdays a month - classes vary with holidays*



# SENIOR ACTIVITIES (50+)

EMNECC - 1301 VALLEY ROAD | 334-2262

MCKINLEY ARTS AND CULTURE CENTER - 925 RIVERSIDE DRIVE | 326-6601

NEIL ROAD RECREATION CENTER - 3925 NEIL ROAD | 689-8484

PLUMAS GYM - 475 MONROE STREET | 334-2262

TEGLIA'S PARADISE PARK - 2745 ELEMENTARY DRIVE | 356-3176

## CREATIVE CRAFTS AND QUILTING | 356-3176

TEGLIA'S PARADISE PARK

Create your own craft projects or learn something new each week. Please register early.

\$5 for guided instruction | Drop in \$0.50 | Monday | 1pm

## SENIOR COMPUTER CLASSES | 689-8484

NEIL ROAD RECREATION CENTER

Learn computer skills and bring the world to your fingertips. Classes meet three times each month. Preregistration is required.

\$20 Per month | \$10 per additional class  
(Only the first full week of the month)

- **Open Lab** | Monday, Wednesday & Friday 12-2pm
- **Computer Essentials Made Simple** | Monday, Wednesday & Friday | 9:30am
- **Computer Protection Made Simple** | Tuesday & Thursday | 9:30am
- **Digital Photo Editing** | Monday, Wednesday & Friday | 9:30am

## SENIOR LUNCH PROGRAM | 689-8484

NEIL ROAD RECREATION CENTER

Seniors can enjoy a hot meal or a fresh salad for lunch. Salads and hot meals must be ordered a day in advance. Additional eligibility information applies. For more information call or visit **Reno.gov/seniors**.

Monday-Friday 11:45am  
Suggested donation of \$2 | \$4 for Non-seniors

## SENIOR TRAVELERS AND AROUND TOWN | 657-4602

SENIORSERVICES@RENO.GOV

Travel to a different regional destination each month. Call for more information or view the monthly Senior Connect newsletter.

## CRO-NITS | 334-2262

EMNECC

Don't have time to crochet but have yarn? Donate your yarn to our volunteer crochet group.

10am | Third & fourth Thursdays each month

## SENIOR MAT YOGA | 303-2845

EMNECC | NEIL ROAD RECREATION CENTER

This gentle yoga class approaches the fundamental yoga stretches presented in a flowing class that is easy to follow. Mats, blankets and blocks are available on the first come, first served basis. For more information, contact Pam Pearson (psp89@hotmail.com)

Monday, Wednesday & Friday | \$30 per month

- **Neil Road Recreation Center** | 10-11am
- **EMNECC** | 12-1pm

## ZUMBA GOLD | 356-3176

TEGLIA'S PARADISE PARK

With zesty Latin rhythms, it tones and sculpts the body in an energizing cardio workout. Classes are hosted by Patricia and Shannon Gallimore of G-Fusion Fitness and Health.

\$10 per month

- **Monday** | 5:30-6:30pm
- **Thursday** | 10-11am

## SENIOR CONNECT NEWSLETTER | 657-4602

SENIORSERVICES@RENO.GOV

Stay connected and learn about upcoming classes and events, activity/facility calendars and much more. Pick up a copy each month at Tegli's Paradise Park, Neil Road Recreation Center and other facilities. Call or email to have a copy mailed to you, e-mailed to you or download a copy from **Reno.gov/seniors**.

## CROCHET CIRCLE | 334-2262

EMNECC

Join this stress free group to learn a variety of stitches and create afghans, lap blankets and much more. All skill levels are welcome. Supply list: one eight ounce skein of worsted weight yarn and a 'H' aluminum crochet hook.

\$20 per month | Monday 10am-12pm

.....CONTINUE TO NEXT PAGE FOR MORE ACTIVITIES



**HEALTH, WELLNESS & YOU | 356-3176**  
TEGLIA'S PARADISE PARK

Enjoy drop-in discussion concerning your health and wellness. Come in and gain useful health and wellness information each week. We have guest speakers once a month. Lunch is included.

Drop in \$0.50 | First Tuesday of each month | 12pm

**BRUNCH AND A MOVIE**  
ELDORADO CASINO | 345 N VIRGINIA STREET

Have you seen a good movie lately? Enjoy a brunch at the Eldorado Casino Buffet then watch a movie of your choice at the Riverside Movie Theater. Schedule pick-up or meet at the Eldorado at 9:30am.

\$20 per month | First Thursday of each month | 9:30am

**RENO SENIOR DANCE CLUB | 689-8484**  
NEIL ROAD RECREATION CENTER

Twice a month seniors gather to tango, waltz and swing. The music varies and is provided by DJ Felipe Leon. Light refreshments are provided.

\$5 per dance | Second and Fourth Saturdays | 2-5pm

**DINNER AND A SHOW | 657-4602**  
SENIORSERVICES@RENO.GOV

Price includes both dinner and show tickets. Space is limited. Call for information or view monthly Senior Connect newsletter.



**RENO/TAHOE SUMMER & WINTER GAMES | 657-4602**  
SENIORSERVICES@RENO.GOV | RENO.GOV/SENIORGAMES



**FEBRUARY 2-14**  
**RENO.GOV/SENIORGAMES**  
**(775) 334-2262**  
**FORSEB@RENO.GOV**



**TEGLIA'S APRADISE PARK ACTIVITY CENTER | 356-3176**  
2745 ELEMENTARY DR.

**Drop in Activities \$0.50**

- Pinochle | Monday & Wednesday | 10am
- Sit and Get Fit | Monday, Wednesday & Friday | 8:30am
- Health, Wellness and You | 1st Tuesday | 12:30pm
- Birthday Party | 3rd Wednesday | 2:30pm
- Bunco | Thursday | 12:15pm

**Paid Activities**

- Chair Yoga | Thursday | 9am
- Creative Crafts & Quilting | Monday | 1pm
- Zumba Gold | Thursday | 10am

**Social Services**

- Bread Drop | Tuesday | 10am
- Blood Pressure | 1st Tuesday | 11am
- Intermediate Bridge | Wednesday | 10am
- Board Game Day | Wednesday | 10am-3pm
- Glee Club | 2nd & 4th Tuesday | 11am
- Bingo Blow-Out | 1st Wednesday | 1:30pm
- Dancing With The Stars | 1st & 3rd Tuesday | 1:30pm
- Bean Bag Baseball | Friday | 10am-12:30pm
- Baggo | Friday | 10am

**EVELYN MOUNT NORTHEAST COMMUNITY CENTER | 334-2262**  
1301 VALLEY RD

**Drop in Activities \$0.50**

- Ballroom Dance | Tuesday & Friday | 2pm & 6pm
- Cribbage | Thursday | 1pm
- Super Seniors | Tuesday, Thursday & Friday | 8:30am
- Sit and Get Fit | Tuesday & Thursday | 10am
- Bridge | Tuesday | 9am

**Paid Activities**

- Water Fitness | Monday-Friday | Varies
- Crochet Circle | Monday | 10am
- Senior Yoga | Monday, Wednesday & Friday | 12pm
- Senior Tap | Wednesday | 10am
- Chair Yoga | Wednesday | 1:30pm
- Reno Travelers | 3rd Thursday | Varies
- Cro-Nits | 3rd & 4th Thursday | 10am
- Pickle ball | Schedules Vary | 7:30am

**NEIL ROAD RECREATION CENTER | 689-8484**  
3925 NEIL RD.

**Drop in Activities \$0.50**

- Cribbage | Monday | 1pm
- Pickle ball | Monday, Thursday & Friday | 1:30pm
- Pickle ball | Wednesday | 12pm
- Table Tennis | Monday, Wednesday & Thursday | 7pm
- Table Tennis | Saturday | 10am
- Fitness with Friends | Tuesday & Thursday | 10am
- This N That Exchange | Tuesday | 1pm
- Basic Bridge | Tuesday | 1pm
- Pinochle | Monday & Wednesday | 10am
- Pickle ball | Wednesday | 12pm
- Bunco | 1st Thursday | 1pm
- Dominoes | 2nd Thursday | 1pm
- Badminton | Monday & Wednesday | 7pm
- Badminton | Friday | 6pm
- Bingo | Friday | 1pm

**Paid Activities**

- Computer Essentials Made Simple | Monday, Wednesday & Friday | 9:30am
- Computer Protection Made Simple | Tuesday & Thursday | 9:30am
- Digital Photo Editing | Monday, Wednesday & Friday
- Senior Mat Yoga | Monday, Wednesday & Friday | 10am
- Colin Ross Music Program | Tuesday | 2pm
- Senior Dance | 2nd & 4th Saturday | 2pm
- Open Lab | Monday, Wednesday & Friday | 11:30am
- Brunch & Movie | 1st Thursday | 8:30am
- Chair Yoga | Thursday | 10:30am
- Reno Travelers | 3rd Thursday | Varies

**Social Services**

- Senior Lunches | Monday-Friday | 11:45am
- Bead Drop | Tuesday | 12pm
- AARP Driving | Saturday | Varies





# PARKS

## RENO PARKS | 334-2270

Parks are open seven days a week at the following hours:

October 1 - March 31 | 6am - 7pm

April 1 - September | 5am - 10pm

		Rentable Shelters	Restrooms	Picnic Shelter	Playground	Soccer/Football	Baseball/Softball	Tennis Court	Basketball Court	Horse Shoe	Volleyball	Pathway	Trails	Bicycle Path	Tables/Benches	Barbecue	Lake/Pond/River	Exercise Court	Water Play Toys
<b>DOWNTOWN</b>																			
Barbara Bennett Park*	400 Island Ave.		•		•		•	•							•		•		
Bicentennial Park	10 Ralston St.											•			•		•		
City Plaza	10 N. Virginia													•			•		
City Center Plaza	4th & Center St.														•				
Fulton Corner	1st St. & Arlington Ave													•			•		
Powning Veterans Memorial Park	150 S. Virginia St.														•				
Truckee River Whitewater Park	2nd St. & Arlington Ave.																•		
West Street Plaza	220 W. 1st St.														•		•		
Wingfield Park	2 S. Arlington Ave.											•					•		
<b>NORTH VALLEYS</b>																			
Dorothy McAlinden Park	12000 Mt. Charleston		•	•	•					•	•	•			•	•			
Mayors Park & Fields	12000 Mt. Charleston						•												
Panther Valley Park*	850 Link Lane		•	•	•	•			•			•			•	•		•	•
Raleigh Heights Park	825 Burgess Place		•	•	•	•	•		•						•	•			
Silver Lake Park	8755 Red Baron Blvd.	•	•	•	•		•		•	•		•			•	•			•
<b>NORTHEAST</b>																			
Dick Taylor Memorial Park*	1140 Beech St.	•	•	•	•	•	•	•	•			•			•	•			
Eighth Street Parkway	455 E. 8th St.											•			•				
Evans Park	200 E. 9th St.		•							•					•				
Melody Lane Park	2370 Scottsdale Road			•	•							•			•	•			
Pat Baker Park*	1910 Bishop St.	•	•	•	•				•						•	•			
Rotary Centennial Park	1265 Hillboro St.			•	•				•						•	•			
Sage Street Park	790 Sage St.			•	•										•	•			
Sterling Village Tot Lot	760 Winston Dr.			•	•										•	•			
Teglia's Paradise Park*	2745 Elementary Dr.	•	•	•	•							•			•	•	•	•	
Traner Pool	1700 Carville Dr.														•				•
University Ridge Park	990 S. University Loop		•	•	•				•			•			•	•		•	

\*Seasonal restrooms, open late April - early October (weather permitting)

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		Rentable Shelters	Restrooms	Picnic Shelter	Playground	Soccer/Football	Baseball/Softball	Tennis Court	Basketball Court	Horse Shoe Pits	Volleyball	Pathway	Trails	Bicycle Path	Tables/Benches	Barbecue	Lake/Pond/River	Exercise Court	Water Play Toys
<b>NORTHWEST</b>																			
Canyon Creek Park*	1485 Robb Dr.	•	•	•	•				•	•	•	•			•	•		•	
Hilltop Park	3950 Buckingham Square Blvd.		•	•	•		•								•	•			
Irving Circle Park	85 Irving Park Circle																		
Lake Park	40 Coleman Dr.				•							•			•		•		
Las Brisas Park*	5950 Las Brisas Dr.	•	•	•	•				•			•			•	•			•
Lunsford Park	Riverside Dr. at Washington St.														•				
McKinley Park	925 Riverside Dr.														•				
Northgate Park	6450 Moonridge Terrace	•	•	•	•										•	•			
Northwest Park	2775 Apollo Way		•		•	•	•	•				•							
Oxbow Nature Area*	3100 Dickerson Rd.		•										•		•		•		
Peavine Fields	825 Wyoming Ave.		•				•												
Rainbow Ridge Park	1355 Rainbow Ridge Rd.		•	•	•				•			•	•		•	•			
Reno Sports Complex	2975 N. Virginia St.		•												•				
Riverside Drive Park	650 Riverside Dr.											•			•		•		
Seminary Park	1101 Sierra St.														•				
Sky Country Park	3290 Snake River Dr.				•					•	•	•			•	•			
Terrance Sports Complex	2525 Robb Dr.		•	•	•	•	•					•			•	•			
Valley Wood Park*	6555 Valley Wood Dr.		•	•	•				•			•	•		•	•			
Whitaker Park	550 University Terrace	•	•	•	•			•		•		•			•	•			
<b>SOUTHEAST</b>																			
Brodhead Park	5 S. Park Street											•	•	•			•		
Center Creek Park	1595 Wilbur May Parkway			•	•				•			•		•	•	•			
Comstock Park	1650 Carat Boulevard		•	•	•	•	•		•			•			•				
Damonte Ranch Park*	1950 Steamboat Parkway		•	•	•				•			•			•	•			
Donner Party Park	4385 Loreto Lane																		
Double Diamond Park	9100 Wilbur May Parkway		•			•	•												
Evergreen Park	9555 Evergreen Dr.												•		•				
Fisherman's Park I & II	495 Galetti Way			•										•	•	•	•		
Governor's Bowl Park	1498 E. 7th St.		•				•												
Holcomb Historic Site	1005 Holcomb Ave.																		
Horizon View Park	9675 Wilbur May Parkway			•	•							•		•	•	•		•	
Huffaker Park & Trail	1160 E. Huffaker	•	•	•	•	•	•	•	•	•		•		•	•	•		•	

\*Seasonal restrooms, open late April - early October (weather permitting)

.....CONTINUE TO NEXT PAGE FOR MORE PARKS



## RENO PARKS | 334-2270

Parks are open seven days a week at the following hours:

October 1 - March 31 | 6am - 7pm

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		Rentable Shelters	Restrooms	Picnic Shelter	Playground	Soccer/Football	Baseball/Softball	Tennis Court	Basketball Court	Horse Shoe Pits	Volleyball	Pathway	Trails	Bicycle Path	Tables/Benches	Barbecue	Lake/Pond/River	Exercise Court	Water Play Toys
<b>SOUTHEAST (CONT.)</b>																			
Jamaica Park	1000 Jamaica Ave.		•	•	•	•	•			•		•			•	•			
John Champion Park	957 Kuenzil St.			•										•	•	•	•		
Liston Park	1635 Yori Ave.				•										•				
Miguel Ribera Park	3925 Neil Rd.	•		•	•	•			•	•	•	•			•	•			
Mira Loma Park*	3000 S. McCarran Blvd.	•	•	•	•	•	•	•	•	•		•			•	•		•	
Pickett Park*	250 Kirman Ave.	•	•	•	•			•	•	•					•	•		•	
Reggie Road Pathway	Reggie Rd.											•							
Stewart Park	400 Stewart St.			•	•				•						•	•			
Wilkinson Park	1201 E. Taylor St.		•		•	•	•	•							•				
Yori Park*	2800 Yori Way		•	•	•				•			•			•	•			•
<b>SOUTHWEST</b>																			
Caughlin Crest Park	3851 Cashill Blvd.				•										•				
Crissie Caughlin Park*	3415 Idlewild Dr.		•	•	•					•		•		•	•	•	•		
Crystal Lake Park	1190 Country Estates Circle		•	•	•	•		•	•	•	•	•			•	•		•	
Horseman's Park	2800 Pioneer Dr.												•						
Idlewild Park - 3 Rentable Shelters*	1900 Idlewild Dr.	•	•	•	•		•				•	•		•	•	•	•	•	•
Ivan Sack Park	3005 Idlewild Dr.			•								•			•		•		
Jack Tighe Memorial Fields	325 Burris Lane		•				•												
Manzanita Park	630 Manzanita Lane	•	•	•	•		•	•	•	•	•	•			•	•		•	
Mary Gojack Park*	3100 Skyline Blvd.		•		•	•							•		•				
Moana Springs Recreational Complex	240 Moana Lane		•		•		•								•				
Newlands Park	700 California Ave.				•										•				
Plumas Park and Gym*	475 Monroe St.		•			•			•										
Reno Tennis Center*	2601 Plumas St.							•											
Robinhood Park	800 Robinhood Dr.			•	•				•						•	•			
Schiappacasse Park	3945 Riverhaven Dr.													•			•		
Summit Ridge Park	4560 Summit Ridge Dr.		•	•	•				•	•		•			•	•		•	•
Village Green	4785 Caughlin Parkway		•	•	•		•	•		•	•	•			•	•			
Virginia Lake Park (Dog Park)*	1980 Lakeside Dr.	•	•	•	•							•			•	•	•	•	
Wheatland Park	990 Wheatland Rd.		•	•	•					•	•	•			•	•			•

\*Seasonal restrooms, open late April - early October (weather permitting)

## ADOPT-A-PARK | 334-2270

This program offers the opportunity to get involved in the community in a way that develops pride and appreciation through stewardship. Call 334-2270 and Adopt-a-Park in your neighborhood today.

# PUBLIC ART

**RENO STAR | ARTIST: MARK SZULGIT**  
CORNER OF MCCARRAN AND VIRGINIA



**FEATHER | ARTIST: JEFF ERIKSON**  
RETRAC CORRIDOR | WEST THIRD STREET



**MOUNTAIN TOP | ARTIST: BRAD RUDE**  
MCKINLEY ARTS AND CULTURE CENTER | 925 RIVERSIDE DR.



**ALFRESCO | ARTIST: JORGE BLANCO**  
UNIVERSITY RIDGE PARK | 990 S UNIVERSITY PARK LOOP



**YOU SHOULD HAVE BEEN HERE | ARTIST: CORK MARCHESCHI**  
CITY PLAZA | SOUTH EAST CORNER OF VIRGINIA STREET



**COMMUNITY, DIVERSITY AND INDEPENDENCE | ARTIST: BENJAMIN VICTOR**  
WELLS AVENUE



**ARTS DISTRICT BANNERS | ARTIST: DAVID BOYER**  
DOWNTOWN | VARIOUS LIGHT POLES DOWNTOWN RENO



**RAINBOW TROUT | ARTIST: EILEEN GAY**  
IDLEWILD PARK | 1805 IDLEWILD DR.





# RENTABLE FACILITIES

EACH SHELTER CAN ACCOMMODATE 50-200 PEOPLE AND COMES WITH PICNIC TABLES AND A BARBECUE. PLEASE NOTE THAT THESE AMENITIES ARE NOT RESERVED AS PART OF A PICNIC SHELTER PERMIT. PLAYGROUNDS, TENNIS, VOLLEYBALL AND BASKETBALL COURTS, HORSESHOE PITS, AND SKATE PARKS ARE NORMALLY OPEN TO THE PUBLIC AT LARGE. A BEER AND WINE PERMIT IS REQUIRED (\$50) IF THESE BEVERAGES WILL BE CONSUMED AT YOUR EVENT. FOR MORE INFORMATION, VISIT [RENO.GOV](http://RENO.GOV) OR CALL 334-3888.

## QUARTERLY RENTAL DISCOUNTS FOR ALL RENTABLE FACILITIES

10-24 USES/QUARTER | 10% DISCOUNT

25-49 USES/QUARTER | 15% DISCOUNT

50+ USES/QUARTER | 20% DISCOUNT

### MCKINLEY ARTS AND CULTURE | 334-2417

925 RIVERSIDE DR.



This 1910 historic building provides arts and craft workshops for local nonprofit art organizations. An important part of the Truckee River Arts and Culture district, rooms are available for rent by tenants and outside culture groups.

*Includes: Use of auditorium, stage, restrooms, foyer, 6' rectangular tables, 5' round tables, chairs, kitchen and courtyard.*

#### Rental Fees

- Auditorium-rehearsal | \$50/hr
- Auditorium-performance | \$75/hr
- Auditorium-other use | \$100/hr
- Boardroom | \$50/hr

#### Wedding/Party Package

\$800 for eight hours, includes auditorium, stage, restrooms, foyer, kitchen and courtyard.

*Requirement: \$1,000 Refundable Security deposit*

### CALIFORNIA BUILDING | 334-2417

75 COWAN DR



The Spanish-style architecture, reminiscent of the early California missions, distinguishes this popular facility which hosts numerous cultural and special events.

*Includes: Use of entire facility, kitchen, restrooms, 6' rectangular tables, 5' round tables, chairs, alcohol permit and patio.*

#### Rental Fees

- Building | Capacity: 250 | \$75/hr
- Patio | Capacity: 100 | \$100/day
- Rose Garden | \$85 for two hours

#### Wedding/Party Package

\$700 for eight hours and \$75 for each additional hour

*Requirement: \$1,000 refundable security deposit*





**EVELYN MOUNT NORTHEAST COMMUNITY CENTER**  
334-2262 | 1301 VALLEY RD



40,000 square-foot-facility provides rental rooms for meetings of any size and family events.

*Includes: 6' tables and folding chairs for indoor use.*

**Rental Fees**

- Gym | Capacity: 300 | \$45/hr
- Small Meeting Room | Capacity: 20 | \$10/hr
- Large Meeting Room | Capacity: 30 | \$20/hr
- Dance Room | Capacity: 30 | \$30/hr
- Tuscarora | Capacity: 80 | \$30/hr
- Pool | Capacity: 100 | \$70/hr

**PLUMAS GYM | 334-2262**  
475 MONROE ST



*Includes: Hardwood court for basketball (six hoops) or volleyball, with bleacher seating. Tables and chairs are not available in gym. Food and drinks are not allowed in the gym.*

**Rental Fees**

- Gym | Capacity: 350 | \$45/hr
- Meeting Room | Capacity: 20 | \$10/hr

**NEIL ROAD RECREATION CENTER | 689-8484**  
3925 NEIL RD



The Center is located in a campus-like setting with other facilities. The park shelter at Miguel Rivera Park can be rented in conjunction with the building for an additional fee.

*Includes: 6' tables and folding chairs for indoor use.*

**Rental Fees**

- Gym-Full Court | Capacity: 350 | \$45/hr
- Gym-Half Court | Capacity: 175 | \$30/hr
- Small Meeting Room | Capacity: 20 | \$10/hr
- Large Meeting Room | Capacity: 40 | \$20/hr
- Stage Area | Capacity: 100 | \$30/hr
- Stage and Gym | Capacity: 450 | \$75/hr
- Stage, Meeting Rooms and Gym | Capacity: 550 | \$115/hr

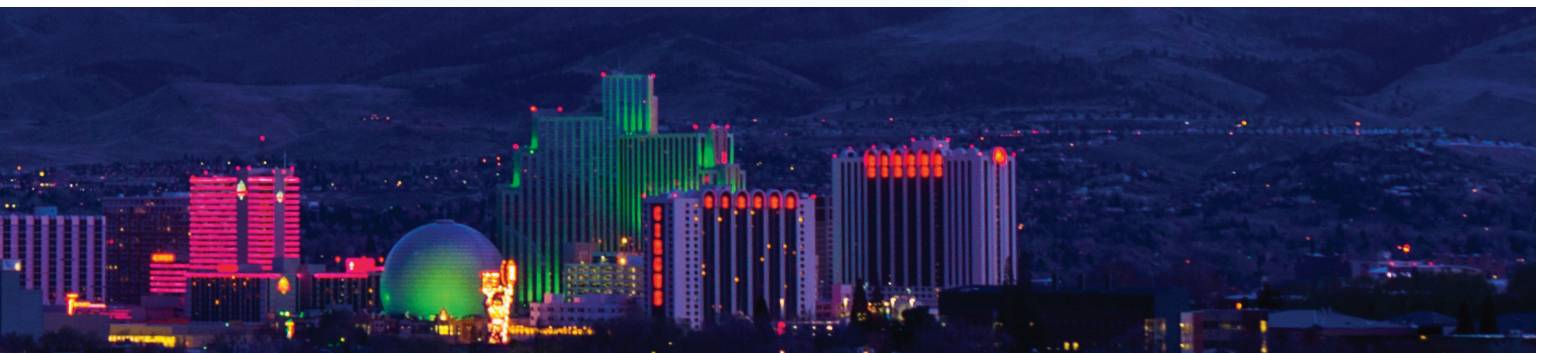
**WEST STREET MARKET | 334-2414**  
148 WEST ST



A unique gathering place centered around food, shopping and entertainment. Urban market with eco-friendly themes.

*Includes: Alcohol and sound permit.*

**Rental Fees | \$150 for eight hours**





**TEGLIA'S PARADISE PARK ACTIVITY CENTER | 356-3176**  
2745 ELEMENTARY DRIVE



Situated near the Paradise Park pond, this facility has acres of open space, a community garden, play areas and walking trails.

*Includes: A kitchen, large multi-purpose room, 5' round tables, 6' tables and 100 folding chairs for indoor use.*

**Rental Fees | Capacity: 85 | \$45/hr**

**HORSEMAN'S PARK CLUBHOUSE | 334-2417**  
2800 PIONEER DR



Adjacent to Horseman's Park, this western themed club house is a setting for small meetings and group gatherings. Equestrian groups, through historic and deed priority scheduling, coordinate a wide range of horse-oriented activities at this facility.

*Includes: 5' round tables, 6' tables and 80 chairs for indoor use.*

**Rental Fees | Capacity: 85 | \$45/hr**

**SOUTHSIDE CULTURAL CENTER AUDITORIUM | 334-2417**  
190 EAST LIBERTY ST



Former Southside School includes an auditorium for rehearsals, performances, lectures, concerts and special events.

*Includes: 5' round tables, 6' rectangular tables and 80 chairs for indoor use.*

**Rental Fees**

- Auditorium-Rehearsal | Capacity: 150 | \$50/hr
- Auditorium-Performance | Capacity: 150 | \$75/hr

**PARK RENTALS**  
334-3888

**10am-6pm**

- Canyon Creek Park | 1485 Robb Dr. | Capacity: 50 | \$85
- Comstock Park\* | 1650 Carat Dr. | Capacity: 50 | \$85
- Dick Taylor Memorial Park\* | 1140 Beech St. | Capacity: 100 | \$100
- Huffaker Park | 1160 E. Huffaker Ln. | Capacity: 50 | \$85
- Idlewild Park-Rose Garden | 1805 Idlewild Dr. | Capacity: 100 | \$85 for 2 hrs
- Idlewild Park-Snowflake\* | 1805 Idlewild Dr. | Capacity: 200 | \$100
- Idlewild Park-Terrace | 1805 Idlewild Dr. | Capacity: 200 | \$120
- Las Brisas Park | 5950 Las Brisas | Capacity: 100 | \$100
- Manzanita Park\* | 630 Manzanita Ln. | Capacity: 100 | \$100
- Miguel Ribera Park\* | 3925 Neil Rd. | Capacity: 200 | \$120
- Mira Loma Park\* | 3000 S. McCarren Blvd. | Capacity: 200 | \$120
- Northgate Park | 6450 Moonridge Terrance | Capacity: 50 | \$85
- Paradise Park-Pavilion\* | 2725 Elementary Dr. | Capacity: 50 | \$85
- Paradise Park-Shelter | 2725 Elementary Dr. | Capacity: 20 | \$120
- Pat Baker Park | 1910 Bishop St. | Capacity: 50 | \$85
- Pickett Park\* | 250 Kirman Ave. | Capacity: 100 | \$100
- Silver Lake Park | 8855 Red Baron Blvd. | Capacity: 50 | \$85
- Virginia Lake Park | 1980 Lakeside Dr. | Capacity: 100 | \$100
- Whitaker Park | 550 University Terrace | Capacity: 100 | \$100

*\*Bounce houses are permitted-on paved or hard surfaces*





**SUPPORT RENO BUSINESSES**

**BUY LOCAL**



**A MAP OF LOCAL BUSINESSES CAN BE  
FOUND AT [RENO.GOV/BUYLOCAL](http://RENO.GOV/BUYLOCAL)**





